

FREE

Vol. 23 Issue 30/12 Friday 27th July - Thursday 2nd Aug 2012

KINSALE ADVERTISER



INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.com :: Fax: 021 477 4339



Perryville Gift Shop & Garden Tea Room

LONG QUAY, KINSALE

Breakfast ~ Lunch ~ Afternoon Tea

Open Mon-Sat:
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www.perryvillehouse.com



**Dutch Style
Fish & Chips**
...fresh off the boat!

**Fridays, Saturdays,
& Wednesdays**

12pm to 7pm at the Bridge

(Just west of Kinsale, heading to James Fort/Ballinspittle on the R600)

**Open Through The Summer
Easy & Ample Parking**

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THINGS TO DO IN KINSALE...



KINSALE ROAD TRAIN

GUIDED TOURS DAILY TO CHARLES FORT,
ALSO AVAILABLE FOR PRIVATE FUNCTIONS
T: 087 750 2737 WWW.KINSALEROADTRAIN.COM



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RIDING LESSONS • TREKKING • LIVERY
SUMMER CAMPS • GREAT FOR PARTIES
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SPECTACULAR VIEWS OF KINSALE & HISTORIC
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WWW.KINSALEHARBOURCRUISES.COM



KINSALE POTTERY

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CHILDRENS' ARTS AND CRAFTS:
DATES AT WWW.KINSALECERAMICS.COM
OR CALL ADRIAN: 087 9696 901



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DAY OR HALF DAY SAILING TRIPS. GROUP & FAMILY
RATES AVAILABLE. NO EXPERIENCE NEEDED.
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FOR FURTHER INFORMATION PLEASE
CONTACT THE SERVICE PROVIDER DIRECTLY
OR THE KINSALE TOURIST OFFICE





THE Travel Experts

- ★ Flights
- ★ Hotels
- ★ Sun Holidays
- ★ Last Minute Deals
- ★ Cruises

*Got a travel quote
already?*

...Let us beat it!

Call us:

021-4700568

Call in:

Emmet Place,

Kinsale (over Moloney's Pharmacy)

www.magicvacations.ie

The Club House

@ Ringenane Golf Club

Overlooking Oysterhaven Bay

Food Served

-Open to The Public-

Tuesday-Sunday

12noon-7pm

(Closed Monday)

**EXCELLENT
NEW CHEF**

**FULL BAR
LICENCE**

SUNDAY SPECIAL

2 Courses,
Only €15

Tel: 021 477 2197



JIM EDWARDS

BAR & RESTAURANT



*Food Available
All Day
from 12pm*

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu
2 Courses: €20
3 Courses: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch
€23.90 (4 Course)

Tel: 021 477 2541

www.jimedwardskinsale.com

Gift Vouchers Available

Excellent Ensuite Accommodation



The Folk House

Music Venue Guardwell - T: 021 4772382

www.folkhousevenue.com

---LIVE MUSIC---

FRI 27th

INDIGO

5 Piece Soul & Rock Covers

SAT 28th

UNCHARTED

4 Piece Rock Covers Band

SUN 29th

BIG ORDEAL

4 Piece Rockin Covers

THURS 2nd

THE BLUEJAYS

5 Piece Funk, Soul & Jazz

BANK HOLIDAY WEEKEND

FRI 3rd

FANTASY JAM BAND

5 Piece Soul & Rock Covers

SAT 4th

iFUNK

SUN 5th

HOUNDOGS



**CHECK OUT
OUR WORLD
BEERS MENU**

**UNRIVALED SELECTION
INCLUDING:**

Fuller's Honey Dew Lager,
O'Hara's IPA, Old Speckled Hen,
Hobgoblin Ale, London's Pride Ale

NEW ON TAP:

O'Hara's Red Ale,
Jennings' Slap & Tickle,
Metal Man Cask Ale,
8° Howling Gale
Stowford Press Westons Cider
Abbot Ale,
Carrig Irish Craft Lager

GREEN ROOM

**ALL PARTIES
CATERED FOR
FROM 3 TO 300**

**ALL SPORTS
SHOWN ON OUR
2 BIG SCREENS**

Bacchus Nightclub

Guardwell Kinsale

FRIDAY 27th JULY

DJ Garian - 90s Club classics & chart
Doors 11:30pm - FREE ENTRY b4 12:00am

SATURDAY 28th JULY

DJ Sean - all the old & new classics
Doors 11:30pm - FREE ENTRY b4 12:00am

THURSDAY 2nd AUG

DJ Mark - all the old & new classics
Doors 11:30pm - FREE ENTRY all Night

August Bank Holiday Weekend: Open Friday, Saturday & Sunday

Bulman Bar & Toddies Restaurant

SUMMERCOVE, KINSALE

~ *Live Music* ~

Saturday 28th July

Crazy Chester
 from 10.15pm

Sunday 29th July

Sweet As
 from 7.15pm



Bulman

~ **Bar Food** ~

Served 7 Days, 12.30pm-5pm

Bulman

~ **Bites Menu** ~

Served in the bar
 Mon-Sat 6-9pm

Toddies

~ **Restaurant** ~

A la Carte menu
 Mon-Sat, 6pm-9.30pm

T: 021 477 2131
 www.thebulman.ie




Bulman Lobster Cook Off



Monday 30th July

on the Bulman Pier, 7-8pm
 €20 for a whole lobster with salad buffet

All proceeds to the RNLI. Show your support
 for a fun evening and a good cause.

For all your optical requirements, with professional care & attention!



KENNEDY'S OPTICIANS

Pearse St., Kinsale Tel: 021 4773595

Keeping Kinsale Focused



**LOTS OF NEW FRAMES
 NOW IN STOCK FROM
 MISS SIXTY**

NEW SUMMER OPENING TIMES:

TUESDAY-THURSDAY: 9.30am-5.30pm

FRIDAYS: 8.30am-5.30pm
 (Closed for Lunch 1-2pm)

& SATURDAYS: 9.30am-3pm
 (Open through Lunch)

Sunglasses • Low Vision Aids • Prescription Sunglasses
 Domiciliary/ Home visits • Medical Cards/PRSI welcome
 Contact Lenses • Coloured Contact Lenses • Safety Spectacles

FULL EYE EXAMINATIONS INCLUDING:

✓ Glaucoma Screening ✓ Diabetic Screening if Necessary
 ✓ Age Related Macular Degeneration Screening



Kinsale

**CHECK OUT OUR
 NEW WEBSITE!!!**

Deep Sea Angling & Scenic Tours

38ft Aquastar, Operating All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include The Old Head etc.
- Whale/Dolphin Tours



Contact Butch:

M: 086 103 6905

T: 021 477 8054

www.anglingkinsale.com

email: info@anglingkinsale.com

Anika & Sandra

Massage, Beauty, Hair & Nail

Pearse Street, Kinsale (above Londis - entrance is between Londis & Armada Bar)

Tel: 087 783 9626

Treatments offered by highly Qualified therapists at reasonable prices.

~ Beauty ~

NEW MESOSTYLE FACIALonly €65

Mesotherapy treatment without needles!
Facelifting, skin rejuvenation with
electroporation. The Mesotherapy
treatments are the most effective way to
penetrate active ingredients into the deep
layer and cells of the skin.
(6 sessions for the price of 5)

MICRODERMABRASION FACIAL ...only €50

With free eyelash tint and eyebrow shape

EYELASH, EYEBROW TINT & SHAPE ...only €18

All waxing services at reasonable rates

~ Massages ~

BACK-NECK- SHOULDER

(30min) only €20

MULTI-VITAMIN FULL BODY MASSAGE

(60min) only €40

SWEDISH MASSAGE

(60min) only €40

DEEP TISSUE MASSAGE

(60min) only €40

SPORT MASSAGE

(60min) only €40

GOLFERS MASSAGE

(60min) only €50

~ Nails ~

SPA MANICURE

only €15

SPA PEDICURE

only €35

SPA PEDICURE & MANICURE

only €45

GEL VARNISH

(lasts up to 3 weeks)
only €25

GEL/ACRYLIC FULL SET

only €45

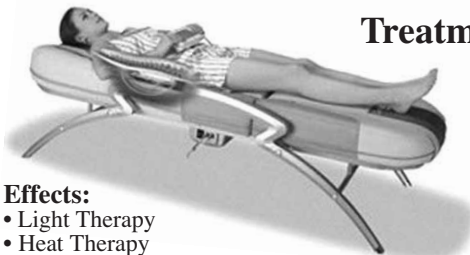
~ Beauty Pamper Package ...only €80 ~

(Full Body Massage + 60min Beauty Facial with Free Eyebrow Shape, Eyelash Tint, Hand Massage)

NEW Thermo Acupressure Massage Bed

(a Medical Aid)

Treatment takes 40min - €20



Effects:

- Light Therapy
- Heat Therapy
- Massage
- Acupressure

Recommended...

- ...in musculoskeletal disorders
- ...in spinal conditions, rheumatic problems
- ...for the treatment of internal inflammations
- ...in skin conditions (psoriasis, eczema, moles)
- ...in osteoporosis
- ...in allergy, asthma, chronic rhinitis
- ...for weight loss
- ...for immunostimulation
- ...for improving eyesight
- ...for migrainous headache

Gift Vouchers Available ~ Open Mondays to Saturdays

Sat August 4th

OLYMPIC PARTY

@ Hamlets Of Kinsale



LIVE MUSIC

THE "GAMES"

Try some of our very own Olympic Games such as
Bucking Bronco
Giant Jenga
and
Giant Connect Four

TASTY FOOD

OLYMPIC DRINKS

Bronze, Silver and Gold.

PRIZE FOR BEST DRESSED OLYMPIAN



VISIT OUR OLYMPIC VILLAGE FOR A GREAT PARTY!

Party starts at 8pm | Free Admission

The Glen, Kinsale, Co Cork | 021-4772939
www.hamletsofkinsale.com



A fresh approach to casual dining



THE
BLUE HAVEN

@ The Blue Haven Hotel

café



Now Serving
Fresh Sandwiches
from our
**SANDWICH
COUNTER**

*With particular emphasis on our coffee menu,
scrumptious breakfasts & mouth-watering lunches*

:: OUR FOOD ::

Fresh pastries and desserts, **Homemade Sandwiches made fresh every day from our new sandwich bar**, salads, Fish Cakes, Gourmet sausage sandwich etc. all homemade by our talented chefs. Our fresh food products include the freshest ingredients grown from our own gardens here in Kinsale.

:: OUR COFFEE ::

The quality of your coffee is important to us, so our coffee menu offers distinctive choices and is designed especially to thrill your palate. We believe in serving the very best coffee possible.

:: OUR BELIEF ::

Our philosophy in the Blue Haven Café is that "It's all about you" and our intent is to give you an experience to treasure and remember, with the hope you will return time and again.

We look forward to seeing you at The Blue Haven Café...

www.bluehavencollection.com



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Mob: 086 601 5705

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for you and those special in your life

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ALSO STOCKISTS OF:

PETUNIA PICKLE BOTTOM BABY BAGS, EDWIN JAGGER SHAVING ACCESSORIES,
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Orla Kiely



petunia pickle bottom.



GISELA GRAHAM LIMITED



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facebook

an Seanachai

A traditional bar in the heart of Kinsale



Great Guinness & a warm welcome!

**The Best of Irish
Trad & Folk
Nightly**

-FRI 27th & SAT 28th July-
Barry Tierney & Co.

Barry at his best!

-Sun 29th July-
Trad Routes

The Best of Folk & Ballads



MARKET ST., KINSALE,
TEL: 086 163 3596



THE SHACK



ON MAIN STREET, KINSALE

**Open 7 Evenings
from 5.30pm**

Serving: Homemade Burgers,
Juicy Steaks, Fresh Fish,
Authentic Pasta &
Tasty Vegetarian Dishes!

All our produce is locally sourced!
We support local, We buy local, We are local!

Tel: 021 4774480

Come along... and tell a friend!

Sunday Lunch

with The Billy Crosbie Trio



Every Sunday from 12pm-3pm. Enjoy a full carvery menu with blues and jazz at The Rockpool Restaurant. Face Painting available for kids on the day.

CARLTON
HOTEL & C SPA
KINSALE
★★★★

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Tel : 021 4706000 www.carlton.ie/kinsale



The White House

FULLY LICENCED GUESTHOUSE & BAR



Breakfast Served
from 8am-12noon



Food Served Daily
from 12noon-10pm

Special Set Menu
3 Courses €25 / 2 Courses €20



~ Live Music ~

Friday 27th July
Shane & Friends 9.30pm

Saturday 28th July
The Big Ordeal 10.30pm

Sunday 29th July
Mike O'Riordan 9.30pm

---August Bank Holiday---

Friday 3rd **Puc Ar Buile** 10.30pm
Saturday 4th **The Big Ordeal** 10.30pm
Sunday 5th **Liam & Ger** 10.30pm
Thursday 9th **Shane & Friends** 9pm

Your hosts The Frausley Family & Staff

Tel: 021-4772125
www.whitehouse-kinsale.ie



Padraig Fitzgerald of PJFitzgerald Insurance, is the sole appointed broker in Kinsale & West Cork for Ecclesiastical Insurance, Ireland's leading insurer for community groups, playschools & charities.

FOR FURTHER ENQUIRIES:
Tel: 021 4772001 / 021 4772332
buy online at www.pjfitzgeraldinsurance.com
PJF Insurances Ltd t/a PJFitzgerald Insurances is regulated by the Central Bank of Ireland.

Alto Holistics

44 Main Street, Kinsale

~ Treatments Available ~

Back, Neck & Shoulder€25
Swedish Massage€45
Reflexology€45
Aromatherapy€45
Reiki€45
Indian Head Massage€45
Lymphatic Drainage€45
Sports Massage€50

~ THE HALF & HALF ~

Back Massage
& Reflexology
Only €50

~ GIFT VOUCHERS ~

late appointments available
by advanced booking

10% Off
EVERY WEDNESDAY

Sarah Tubridy: 087 9127271

The Market Garden

PEARSE ST., KINSALE. Tel: 021 477 4574

GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,
Dried Fruit, Nuts, Spices and Herbs...
Fruit Baskets Prepared Potatoes & Vegetables.

Open
Mon - Sat
9am to 6pm





Find Adventure!

SUMMER SCHEDULE 2012

SPACES ARE LIMITED - BOOK NOW!!!

| | START DATES: | JULY | AUG | AUG | AUG | AUG |
|--|--------------|------|------------------|------|------|------|
| | | 30th | 7th ^Δ | 13th | 20th | 27th |
| YOUNG PIRATES 6-8yrs, €190 | | ☺ | ☹ €150 (4 Days) | ☺ | ☺ | ☺ |
| SEA DOGS 8-10yrs, €190 | | ☺ | ☹ €150 (4 Days) | ☺ | ☺ | ☺ |
| FIND ADVENTURE 10-12yrs, €220 | | ☺ | ☹ €175 (4 Days) | ☺ | ☺ | ☺ |
| ACTIVITY CHALLENGE 12-14yrs, €220 | | ☺ | ☹ €175 (4 Days) | ☺ | ☺ | ☺ |
| YOUNG EXPLORERS 12-14yrs, €245 | | ☺ | X | ☺ | X | ☺ |
| ADVENTURE EXPEDITION 14yrs+, €245 | | X | ☹ €200 (4 Days) | X | ☺ | X |
| START SAILING €255 | | ☺ | ☹ €205 (4 Days) | ☺ | ☺ | ☺ |
| SAILING SKILLS €255 | | X | X | ☺ | ☺ | X |
| SAILING SKILLS IMPROVERS €255 | | | ☹ €205 (4 Days) | | ☺ | |
| SAILING ADVENTURE 2 | | | ☹ €205 (4 Days) | | | |

FAMILY TIME AVAILABLE
 FROM €30 PER FAMILY (2 ADULTS + 3 CHILDREN)
 TUESDAY TO FRIDAY

2.5HRS FOR 1 SEA ACTIVITY E.G.: CANADIAN CANOEING OR OPEN KAYAKING
 LAND ACTIVITIES: ARCHERY, ABSEILING & TEAM CHALLENGE GAMES...
ADVANCED BOOKING ESSENTIAL, CONTACT: 021 477 2896
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*Welcome & Best of Luck To All The Sailors in the
 Optimist National Championships*



CrackPots
 T: 021 477 2847
 www.crackpots.ie

**OPEN EVERY EVENING
 FROM 6pm**

*Serving creatively cooked local produce from
 our sea & land, including lobsters & prawns*

PLUS...

**BILLY CROSBIE'S
 PIANO BAR**

*Wednesdays, Thursdays & Fridays
 ...COME FOR DINNER & LISTEN TO THE MUSIC!*

Joy's Relaxation & Therapy Centre

BALINESE, THAI, MALAY AND SWEDISH MASSAGE



IDEAL FOR STRESS RELIEF

Specialising in:

- Slimming Thai Style • Facial Firming
- Back Massage • Head Massage
- Foot Reflexology • Hot Stone Massage
- Sports Injuries A Speciality

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T: 021 470 0985

M: 086 368 3968

Also: Church Yard Lane, Well Road, Douglas, Cork.
 T: 021 493 6732 / M: 086 041 6338

Gift Vouchers Available An Ideal Healthy Gift

**Don't miss the Ballinspittle
 Festival, running until July 29th**
(Programmes Available)

hurleys
 Ballinspittle

BAR & RESTAURANT, Tel: 021 477 8200

**Good Food
 Served Daily**

from 12.30pm-8.45pm

PLEASE NOTE: KITCHEN WILL CLOSE AT 7.45pm
 THIS FRI, SAT & SUN DUE TO FESTIVAL



Pizza & a Pint
(or Glass of Wine)
Only €10 Valid Mon-Thurs
 9pm-11pm

The 36th Kinsale Gourmet Festival



**12-14th October
2012**

Highlights for this year's festival include:

Friday 12th October

**Festival Opening
A Taste of West Cork Dining Experience
& Festival Ball**

Patrons will be treated to a feast of West Cork delicacies over an 8 course dinner accompanied by champagne and fine wine and followed by a ball until the wee hours. **Tickets €85**

Saturday 13th October

Mad Hatters Taste of Kinsale

Join Alice, The Mad Hatter, The March Hare and Dormouse for an escorted food tour around the 10 members of Kinsale's Good Food Circle restaurants who will prepare spectacular dishes from their kitchens bearing testimony to the culinary skills of the chefs of Kinsale. All accompanied by fine wines, beers and water from our gracious festival sponsors. **Tickets €90**

Sunday 14th October

Fruits de Mer Luncheon

This ever popular afternoon of fun and more fun continues to delight the palates of foodies with its exceptional array of lobster, prawns, crab, etc. over a four course luncheon accompanied by delicious wines. Afterwards dance the evening away to the music of the Magnetics. **Tickets €75**

Weekend Tickets are available at €230

Tickets are on sale now at www.kinsalerestaurants.com
or by calling Finishing Services on 021 4773571

Participating Restaurants:

Restaurant d'Antibes @ The White House, The Blue Haven,
Crackpots, Jim Edwards, Max's, Man Friday, Fishy Fishy,
Pier One @ The Trident Hotel, Toddies @ The Bulman, White Lady

Tel: 021 4773571 www.kinsalerestaurants.com

71 Main Street, Kinsale





Courtyard
Café

Walton Court,
Oysterhaven Bay

TEL: 021 4770878

FRESH LOCAL CRAB
& SEAFOOD SPECIALS

OYSTERHAVEN BAY®
HUNGRY FISHERMAN'S PIE

ORGANIC SALADS
FROM THE
WALTON COURT GARDEN

ARTISAN HOME BAKING

HEARTY SOUPS AND
HOT SANDWICHES

TRADITIONAL PUDDINGS,
CAKES & DESSERTS

WINES, BEERS
& GREAT COFFEE

LUNCH & AFTERNOON TEA
TUESDAY TO SUNDAY, 11AM - 5PM

TO KEEP OUR PRICES REASONABLE WE DO NOT ACCEPT CREDIT CARDS
...WHY MAKE THE BANKSTERS ANY RICHER?



www.WaltonCourt.com

www.OysterhavenBay.com



OPEN 7
NIGHTS
UNTIL
10pm

PEARSE STREET,
KINSALE
T: 021 4772529

GREAT SPECIAL OFFERS

VALID FROM JULY 27th - AUGUST 6th

Beer

| | |
|---|-----------|
| Heineken 12pk Btl 33cl | €14.99 |
| Stella Artois 24pk 33cl | €19.99 |
| Bulmers 20pk 300ml | €19.99 |
| Sol 12pk 33cl | €12.99 |
| Bulmers 1Ltr Btl | 3 for €10 |
| English & Irish Ales 500ml btl Mix n' Match 4 for €10 | |
| Carlsberg Can 8pk 500ml | €10.00 |
| Miller btl 15pk 330ml | €14.99 |

Spirits

| | |
|--|--------|
| Stolichnaya Vodka 70cl | €17.99 |
| Capt. Morgan Spiced 70cl | €19.99 |
| Tullamore Dew Irish Whiskey 70cl | €17.99 |
| Absolut Vodka 70cl | €17.99 |

Wines

| | | |
|---|--------|--------------------------------|
| Kapuka Marlborough Sauvignon Blanc | €9.99 | saving €3 |
| Paul Jaboulet Parallèle 45 Côtés Du Rhone | €9.99 | saving €3 |
| Pasqua Passimento | €9.99 | saving €5 |
| Marques De Riscal Tempranillo | €8.99 | saving €3 |
| Marques De Riscal Rueda | €8.99 | saving €3 |
| Zenato Valpolicella Superiore | €10.99 | Buy 2 for €20 Saving €8 on RSP |
| Zenato Pinot Grigio | €10.99 | |
| Chateau Fontbonne Bordeaux | €9.99 | |

The Best Selection of Wines, Beers & Spirits in Town.

Please Enjoy Alcohol Responsibly - Lots More Offers In Store!



www.twitter.com/kinsalenews



www.facebook.com/KinsaleNews



Matthew's
Est. 1904

SIT ON TOP KAYAKS BY WINNER - THE VELOCITY €399



FREE PADDLE

FREE BACK REST

FREE BUOYANCY AID

O'NEILL WET SUITS FROM €25

also

**MUSTO, HENRI LLOYD, HELLY HANSEN
& NORTH FACE CLOTHING**

HALF PRICE!!!



PIER ROAD - BESIDE KINSALE YACHT CLUB

Tel: 021 4277633

OPEN 11am-6pm (Closed Tuesdays)

Get Fit This Summer!

TOTAL BODY TONE!

FITNESS CLASS FOR WOMEN

Get Fit, Sculpted & Toned in this dynamic and fun fitness class. Exclusively for women!

Kinsale Yoga Centre
Thursdays @ 7pm

6 Week Course
Starts Aug 2nd



BALLINSPIITTE BEACH BODY

TORCH CALORIES & SHED POUNDS IN THIS HIGH ENERGY FITNESS CLASS!

Lose weight • Tone Up • Get Fit • Have Fun

Ballinspittle Community Centre
Tuesdays @ 7.15pm

6 Week Course
Starts July 31st



TO BOOK
ANY CLASS OR
FOR MORE INFO:
CALL/TEXT
SILVER

085 113 6018

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Facebook!



...Health &
Fitness by
Silver



SUNRISE SPINNING CLASSES!

HIGH ENERGY BEGINNERS SUNRISE SPINNING CLASSES!

Burns up to 800 calories per hour! Fantastic class for increasing fitness levels, shedding body fat & toning.

Actons Hotel Leisure Centre
Thursdays @ 7.15am & 8.15am

€10 per class (€7.50 members)

Classes Ongoing - Booking Essential!

MUMS' BUMS & TUMS!

LOSE WEIGHT & TONE UP

with this class which focuses on legs, bums & tums. Mums of all ages & abilities welcome - no experience necessary

Kinsale Yoga Centre
Mondays @ 10.45am

New Course Starts July 30th



www.StarCastles.ie

NEW
Pink Castles
Now in Stock...
Only €99 to hire



Only €99 To Hire!



NEW - Now in Pink!!!



Tel: 021 477 45 45

StarCastles, Kinsale

pier one

RESTAURANT

Perched on the Water's Edge...



When you visit, you can be sure of a personal welcome
& a fabulous meal

Open Nightly from 6.30pm

Enjoy a special À la carte menu or sumptuous set dinner
menu for only €25, includes 3 courses & tea/coffee

**To make a reservation or enquiry
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LEMON LEAF CAFÉ

courtyard & food store



*Check out the New,
Exciting & Delicious
additions to our menu!*
~ Open 7 Days ~
8.30am-5pm



Delicious
Gluten-Free
Products Available

**Covered
Smoking Area**
in our rear Courtyard

**Tea/Coffee &
Scone Special**
only €3.60 8.30am- 12noon

Patsy's famous
Lemon Meringue
& Carrot Cake

*Delicious home baked goods, tarts & much more. We Make & Bake Everything
Ourselves Everyday! ...and remember: If you can't stay, you can takeaway!*

Breakfast, Lunch & Sunday Brunch (til 2pm)
70 Main Street, Kinsale Tel: 021 4709792



ROXY • ANIMAL • RIP CURL • QUIKSILVER • WEIRD FISH AND MORE!

OFFSHORE SURF SHOP

SHORT QUAY, KINSALE
(beside Jim Edwards)

WETSUITS FROM €30

**WETSUIT BOOTIES
FROM €19**

ALL AGES AND SIZES AVAILABLE
FROM 1YR OLD TO ADULT 3XL



**BEST OF LUCK TO
EVERYBODY FROM
KINSALE
TRIATHLON CLUB**
TAKING PART IN THE KING
OF THE HILL TRIATHLON
AT THE DOCK BEACH
THIS SATURDAY

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Email: sales@offshorekinsale.com

NEW & EXTENDED STORE NOW OPEN

Come along and visit our new store ...all welcome!



Farm Lane, Kinsale

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25% OFF

FLOORING, CARPETS & VINYL

25% OFF

GARDEN PLANTS & CERAMIC POTS

25% OFF

GARDEN FURNITURE & BBQS



Open Mon-Fri: 8.30am-5.30pm & Sat: 8.30am-4.30pm



THE HUNTSMAN

Bar & Restaurant, Belgooly Tel: 021 477 0666

Try our New Bistro *@ The Huntsman*

Thursdays, Fridays & Saturdays, 6pm-9.45pm

Serving full à la Carte & Set Dinner menu
For reservations call 021 477 0666

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Saturday 28th July, 12noon-6pm.**

Mature, easily maintained garden, sloping northerly aspect with an interesting water feature. Shrubs & herbaceous plants. Bring a friend, enjoy the garden & view, with afternoon tea & homemade delights. Signposted from the Half-Way Roundabout off N71

All proceeds in aid of Marymount Hospice

KINSALE RNLI STATION

OPEN DAY

Bank Holiday Weekend

Sunday 5th August



Lifeboats

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DON & BARRY'S HISTORIC STROLL, KINSALE

From the Tourist Office @ 11.15am Daily
+ Our Early Bird @ 9.15am, Mon-Sat

*"Excellent ...Kinsale's single
best attraction" - Rick Steves*

www.HistoricStrollKinsale.com Tel: 087 2500731
Adults €6 / Children €1

-CELEBRATING OUR 20TH SEASON-

*Help Jack Dalton & Jennifer Buckley
go to Ghana!*

Visit Their Stall

**@ Kinsale Farmers Market
Wednesday 1st August**

Michael Buckley's Brown Breads, Colm Dalton's Chowder,
Carolanne Crosbie's Paintings, and many more cakes
made by the local people of Kinsale.

Jack & Jennifer are going to Ghana for 3 months to work with on an HIV/Aids programme, with Projects Abroad, constructing simple buildings in local communities to improve conditions for disadvantaged local children.

Joey's Personal Tours
Tour to Killarney
Saturday 11th August
returning via Kenmare

For details contact

JOEY: 086 2144044

HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Fri 27th July: 12, 2, 3 & 5pm
Sat 28th: 12, 1, 2 & 5pm
Sun 29th: 12, 1, 2, 3, 4 & 5pm
Mon to Fri: 12, 2, 3 & 5pm

Complimentary Tea/Coffee Served
Cruises are subject to weather and tide.

T:086 250 5456
www.kinsaleharbourcruises.com

BEST WISHES TO THE 2012 OPTIMIST NATIONALS

FRI 27th JULY

AN SEANACHAI: Barry Tierney & Co, 10.30pm.
ARMADA BAR: Amarilla.
BACCHUS NIGHTCLUB: with DJ Garian, 11.30pm.
BLUE HAVEN: Crazy Chester, 10pm.
COFFEE MORNING: Temperance Hall, 9am-1pm. For Hope Foundation.
CRACKPOTS RESTAURANT: Billy Crosbie on Piano.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: 9.15am & 11.15am.
FOLKHOUSE: Music by Indigo.
HAMLETS: DJ Mark.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm, 3pm & 5pm.
SILENT BANJO: Space Gypsies.
SPANIARD BAR: Martin & Friends, 9pm.
THE MARKET BAR: Live Music.
WHITE HOUSE: Shane & Friends, 9.30pm.

SAT 28th JULY

AN SEANACHAI: Barry Tierney & Co., 10.15pm.
ARMADA BAR: Bobby & Eileen.
BACCHUS NIGHTCLUB: with DJ Sean, 11.30pm.
BLUE HAVEN: Billy Crosbie & Friends, 10pm.
BULMAN, SUMMERCOVE: Crazy Chester, 10.15pm.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: From The Tourist Office, 9.15am & 11.15am
FOLKHOUSE: Live Music with Uncharted.
HAMLETS: DJ Mark.
HARBOUR CRUISE: From The Pier @ 12pm, 1pm, 2pm & 5pm.
LORD KINGSALE: Kevin McSweeney.

OPEN GARDEN: Belvedere, Rigsdale, Ballinhassig, 12pm-6pm. In Aid of Marymount.
SILENT BANJO: Music with Grainne.
SPANIARD BAR: For Folk Sake, 9.30pm.
SPECKLED DOOR, OLD HEAD: Live Music Every Saturday.
THE MARKET BAR: DJ Ed.
WHARF TAVERN @ THE TRIDENT HOTEL: Tim O'Mahony, 9pm.
WHITE HOUSE: The Big Ordeal, 10.30pm.

SUN 29th JULY

AN SEANACHAI: Trad Routes, 9pm.
ARMADA BAR: The Ferryman.
BLUE HAVEN: Elly & Friends, 10pm.
BULMAN, SUMMERCOVE: Sweet As, 7.15pm.
CARLTON HOTEL & C-SPA: Sunday Afternoon Jazz with The Billy Crosbie Trio, 12pm-3pm.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: Tourist Office, 11.15am.
FOLKHOUSE: The Big Ordeal.
HARBOUR CRUISE: From The Pier @ 12pm, 1pm, 2pm, 3pm, 4pm & 5pm.
HAMLETS CAFÉ BAR: Crazy Chester, 9.30pm.
SILENT BANJO: Deirdre McCullum & Billy Crosbie, 4.30pm.
SPANIARD BAR: Michael & Jimmy with Sing-Along, From 6pm-8pm.
THE MARKET BAR: Katie Ann & Clem, 9pm.
WHITE HOUSE: Mike O'Riordan, 9.30pm.

MON 30th JULY
AN SEANACHAI: Tony Roberts, 9.30pm.
BLUE HAVEN: Trad with John & Friends plus Irish Dancing, 9.30pm.

BULMAN, SUMMERCOVE: Lobster Cook-Off, 7-8pm. In aid of The RNLI
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: From The Tourist Office, 9.15am & 11.15am.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm, 3pm & 5pm.

2012 Optimist Nationals TUES 31st JULY

AN SEANACHAI: Trad Routes, 9.30pm.
BLUE HAVEN: Sonny & Friends, 9.30pm.
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: From The Tourist Office, 9.15am & 11.15am.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm, 3pm & 5pm.
KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm.

2012 Optimist Nationals WED 1st AUG

AN SEANACHAI: Liam O, 9.30pm.
ARMADA BAR: Dan Parker.
BLUE HAVEN: Trad with John & Friends, 9.30pm.
CRACKPOTS RESTAURANT: Billy Crosbie on Piano.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: From The Tourist Office, 9.15am & 11.15am.
HAMLETS CAFÉ BAR: Niall McCabe Band.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm, 3pm & 5pm.
SPANIARD BAR: Trad Session with Tom.

2012 Optimist Nationals THURS 2nd AUG

AN SEANACHAI: Trad Routes, 9.30pm.
ARMADA BAR: Music by Free Beer.
BACCHUS NIGHTCLUB: with DJ Mark, 11.30pm.
BLUE HAVEN: Trad with John & Friends plus Irish Dancing.
CRACKPOTS RESTAURANT: Billy Crosbie on Piano.
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: From The Tourist Office, 9.15am & 11.15am.
FOLKHOUSE: The BlueJays.
HAMLETS CAFÉ BAR: Music with Darren & Friends.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm, 3pm & 5pm.
THE MARKET BAR: Old No. 7.

2012 Optimist Nationals FRI 3rd AUG

AN SEANACHAI: Leon Buckley & Co, 10.30pm.
BACCHUS NIGHTCLUB: with DJ Garian, 11.30pm.
BLUE HAVEN: Crazy Chester, 10pm.
CRACKPOTS RESTAURANT: Billy Crosbie on Piano.
DERMOT RYAN'S HERITAGE WALKS: 10:30am Daily From The Tourist Office.
DON & BARRY'S TOURS: From The Tourist Office, 9.15am & 11.15am.
FOLKHOUSE: Fantasy Jam Band.
HAMLETS: Live DJ.
HARBOUR CRUISE: From The Pier @ 12pm, 2pm, 3pm & 5pm.
KINSALE REGATTA: 5 Mile Run, 7.30pm.
SPANIARD BAR: Martin & Friends, 9.30pm.
WHITE HOUSE: An Puc Ar Buile, 10.30pm





Smith's of Kinsale
SuperValu

Real Food, Real People



Welcome
to all the Optimist
Sailors & families.
Wishing you all lots of fun, enjoyment
and success in the Nationals!!!



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